



C. DiLallo for Therapy, LLC

www.dilallofamilypractice.com

4925 St. Elmo Avenue

Bethesda, Maryland 20814

240-565-1169

Primary Therapist: Courtney Westin, LCMFT

My mission is to ensure quality care and improve your life through teaching, coaching, and practicing skills in session to apply daily. I believe that family of origin plays an essential role in our life experience. Our thoughts, feelings, behaviors, and personality are shaped by early experiences in our families. Currently Offering:

Mondays

Body Image Group Therapy @ C.DiLallo for Therapy, LLC

Open for registration. The group will consist of 20 to 35 year old females who are looking to change their negative body image. Women who have a diagnosis of EDNOS, Bulimia, Anorexia, or Binge Eating Disorders are welcome. Some of the topics covered will be origins of body image, body image distortions and beliefs, and coping skills. A new group will begin each month from October 2011 to June 2012.

Tuesdays

Free Eating Disorder Support Group @ C.DiLallo for Therapy, LLC

Wednesdays

Free Eating Disorder Support Group @ Rebecca Bitzer & Associates

7219 Hanover Parkway, Suite D

Greenbelt, MD 20770

301-474-2499

info@rbitzer.com

Thursdays

Free Eating Disorder Support Group @ Rebecca Bitzer & Associates

9881 Broken Land Parkway, Suite 105

Columbia, MD 21046

Support groups are free to individuals who are recovering from their eating disorder. The group ranges in ages from 18 + years of males and female.